



SHANAI CHAMBERS

CLINICAL THERAPIST

Shanai Chambers is a licensed social worker dedicated to improving the lives of children and families through advocacy, education and restoration. She is a proud graduate of the University of Connecticut, where she received her master's degree in social work with a concentration in policy practice.

Ms. Chambers has performed extensive work in child welfare, correctional facilities and educational institutions. The intersectionality of these three systems have fueled her passion to dismantle the school to prison pipeline and ensure that all children have access to freedom, safety and opportunities. Ms. Chambers has even done international work on this subject. In 2018, she traveled to Armenia where she conducted research with Syrian refugees to better understand the concept of freedom, education and social safety nets globally.

In addition to her clinical work, Ms. Chambers is very involved in her community. She currently serves as a field supervisor for the University of Connecticut, as well as a liaison to a therapeutic art program called On Track. In addition to this, Ms. Chambers has received several awards in her community including a city citation from the Hartford City Council, an office excellence award from the Department of Children and Families and the title of "Ms. Connecticut Caribbean."

Ms. Chamber's specialties include: children and family advocacy, empowerment, family counseling, couples therapy, identity formation, anxiety, depression, educational planning, incarceration effects, and trauma. She also utilizes the strengths based approach, CBT, DBT, and the humanistic approach to help her clients accomplish their goals.