



LISA HARDY-GARDNER

CEO

Lisa is the CEO and Owner of Reliant Behavioral Health and Community Services LLC. Lisa has years of experience working as a Clinical Therapist, Medical Social Worker, and Program Director. Lisa has also held various supervisory positions. Lisa has worked in community/mental health agencies, sober living programs, acute inpatient/outpatient care hospital settings, residential based agencies operated by The Department of Children and Families as well as The Department of Mental Health Services. Additionally, Lisa has assisted with clinical research projects on health care disparities in urban communities through the City of New Haven's Health Department. In 2011, Lisa was awarded the Family Legends Award from the March of Dimes Incorporated. Lisa continues to do work on their behalf through her girls group, "Beautiful Brave Girls Dare to Dream". This past spring Lisa created the first of many annual events entitled, "Our Children Swim Too!", where she partnered with LEAP Incorporated in order to address the

drowning rate disparities in minority communities. Lisa's specialty includes: attention deficit disorder, anger management, trauma, PTSD, LGBTQ issues, substance abuse, grief and loss, anxiety, depression, phase of life issues, couples counseling, divorce, and other mental health/behavioral health issues, career and community resource planning, self care/esteem, women and father's empowerment.

Lisa's work experience also includes:

- Case management and community services
- Medical social work
- Domestic Violence
- Child and Family Advocacy
- Group Work
- Disabled resources/benefits
- Veterans benefits
- Working with persons living with chronic/terminal/neurodegenerative illnesses
- Hospice/Palliative Care
- Prenatal/postpartum depression
- Infant Mortality
- Life Coach
- Women's/ Men Empowerment

Lisa believes in providing practical and purposeful services for all through a holistic and systemic approach. Her fervor for working with individuals of all ages, races, cultures, communities, and socioeconomic backgrounds transcends from a long lineage of family past and present who were innate caregivers and community providers as well. The work she does is also natural.

Education

Bachelors of Human Services

Master of Social Work (MSW)

Licensed Masters Level Social Worker (LMSW)

Licensed Clinical Social worker (LCSW-Pending Licensure)

