



# STEFFON JENKINS

*CLINICAL LIAISON*

My name is Steffon Jenkins. I am a certified Medical Office Secretary, with extensive experience in administrative work, customer service, and Certified Nursing Assistant experience, for over twenty years. I have worked in facilities for home healthcare agencies, the Hospital of Saint Raphael's as a clinical technician for many years. Along with these experiences, I've volunteered in the West River community at Christian Love Center's Food Pantry. In addition to serving in the food pantry, I also participated in their yearly "Recovering Your Life with Christ" Street Revival where we provided the community with basic needs support and resources. I've also had the opportunity to work within the Ansonia School System as an instructional assistant. In this role, I assisted students on my caseload with academic and peer support who needed additional behavioral instruction, redirecting and or guidance. As a survivor of domestic Violence, In 2018, I

launched a women's advocacy group called, "Women Winning Over Fear". WWOFF is a private platform I created for women of all ethnicities, race, religion and culture to share, encourage, inspire and empower one another through some of the most difficult times whether past or present. Since the Covid-19 Pandemic our platform has extended beyond the reach of "Women Winning Over Fear" to "Fearless Fridays". Fearless Fridays is an interactive empowerment group for both men and women who are dealing with life unexpectancies that may have caused individuals to experience symptoms of anxiety and or depression. Myself and featured guests support our group by providing inspiration, motivation and self help tools that will hopefully evoke momentum in their lives. As a result of life's transitions, and the creation of both Women Winning Over Fear and Fearless Fridays. I graduated from Albertus Magnus College where I received my associates degree in sociology with a minor in liberal arts in the Spring of 2022. Thereafter, I will pursue my academic prowess even further continuing this work of servicing women and families challenged by domestic violence. Lastly, I am the author of two inspiration/self-help books geared towards Hope, Healing and Surviving the ills of Domestic Abuse and Trauma. My first book is called, "The Grips of Darkness" where I share experiences of trauma, neglect and physical abuse as well as how I overcame it. The other book I recently published is an interactive prayer journal entitled, "More than a survivor".

*"Find your Power!. Find your Voice!. Lose the Fear!"* - STEFFON JENKINS