

ALICIA HOPKINS CLINICAL THERAPIST HYBRID

Alicia Hopkins is a 1st year doctoral student at the University of Hartford in pursuit of her Psych D. Alicia earned her Master's Degree in Clinical Mental Health Counseling from Southern CT State University and her Bachelor's Degree in Arts Psychology from Providence College. Alicia has clinical and community based experience working with at-risk children, adolescent youth, adults and families and groups from pediatric to geriatrics, the elderly/mentally disabled as well as returning citizens(re-entry). Alicia positions held at community and clinical based agencies both past and present have been: Clinical Therapist, Clinical Intake Coordinator, Community Support Specialist and Case Aide. Alicia's diagnostic specialty includes: Anxiety, Anger, Adjustment Disorder, Depression, PTSD, Mood Disorder, Childhood Trauma, Unresolved Grief, Life Transitions, Career Counseling, Substance use and Abuse. Alicia is skilled in utilizing Person Centered Interventions, CBT, DBT, Solution Focused Therapy, Solution-focused Therapy, Schema Focused Therapy, etc.

ADDITIONAL EXPERIENCE

Case Management Services for pediatric to geriatric population
Care Coordination & Discharge Planning
Residential, in-home, outpatient and private practice services
Collaborative services with Adult Probation and Parole

AWARDS

Chi Sigma Iota Counseling-2/26/2019 - Academic & Professional Honor Society
Ocean Tides-05/2015 - Certificate of Appreciation
Change Inc- 08/2014 - Certificate of Award