



JENNIFER GILLIARD, LCSW

CLINICAL THERAPIST

Jennifer Gilliard is a Licensed Clinical Social Worker. Jennifer received her Masters Degree in Social Work from Southern Connecticut State University and her Bachelors Degree in Health Science from Quinnipiac University. She has years of experience working with children and families, adolescent youth, teens, as well as young adults with both mental/physical health disabilities in a variety of settings including: hospital, educational and community settings. Additionally, Jennifer worked with diverse populations providing both long term and brief interventions. Jennifer's specialty is helping children with social skills deficits, behavioral and emotional regulation issues. Jennifer's knowledge of IEP laws the PPT process is an asset to helping children receive the services needed to maximize their educational experience.

Areas of expertise include:

- Play therapy using PLAY Autism Intervention for children with autism spectrum, sensory processing, or related concerns
- Children and Family advocacy
- Women's empowerment/support
- Case Management/community services
- Medical Social Work
- Mental Health Work

Jennifer is committed to building a trusted therapeutic relationship with clients to help them develop meaningful goals and skills. She also has a passion for helping women develop their self-worth to seek out healthy relationships. As a therapist, she will partner with you in reaching your goals. Jennifer realizes having a strong support system is critical in facilitating change.