



LAMONT YOUNG

Lamont is a skilled and resourceful community therapist with formal experience and knowledge of mental health education, practice, counseling theories, family dynamics, group work, program development and community transformative outcomes.

Lamont received his Master's Degree from Fordham University Graduate School of Education, Mental Health Counseling Program. Lamont specialized in interpersonal neurobiology and trauma related dissociation and has a deep passion for working with individuals impacted by substance abuse challenges. Lamont received his undergraduate degree from the College of New Rochelle where he received his Bachelor's degree in cognitive science. Additionally, Lamont is a social advocate for human rights and racial equality for marginalized and oppressed groups.

Lamont's work experience also includes:

- Newhallville Neighborhood Corporation. Mental Health Consultation and Economic Empowerment
- Conducting workshops in the community with the main focus on mental health and wellness. In addition, teaching the community about the importance of understanding the origin of structural poverty! Our mission is to revitalize, restructure and rebuild the entire Newhallville community!
- President of the Larry T Young Foundation Raise Awareness, provide services and distributing resources as it relates to stressors that affect the cardiovascular system.
- Co-chair of the Methodology Team for Unite/Us Washington, District of Columbia
- Research Consultant and Psychoanalyst
- Project Unite-DC
- Mental Health/Client Care Services Manager
- Mental Health Services of NY
- Bringing people together to fulfill America's promise of equality and justice
- Re-imagination of policing and public safety
- Working with 14 local and diverse communities in order to confront multigenerational and systemic disparities
- Provide direct management of temporary housing facilities for adults experiencing homelessness
- Identification and Reporting of Child Abuse and Maltreatment
- School Violence Prevention
- Family Therapy with Young and School- Age Children: Challenging Children and Challenging Parents
- Member of the American Psychological Association/ APA
- Member of the Connecticut Counseling Association/ CCA